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Almost Adulting: All You Need To Know To Get It Together (Sort Of)



Synopsis

For fans of Grace Helbig and Alexa Chung comes a fresh, hilarious guide to growing up your way from social media influencer and lifestyle vlogger Arden Rose. In *Almost Adulthood*—perfect for budding adults, failing adults, and eaters of microwave mug brownies—Arden tells you how to survive your future adulthood. Topics include: Making internet friends who are cool and not murderers; Flirting with someone in a way to make them think you are cool and not a murderer; Being in an actual relationship where you talk about your feelings in a healthy manner??? To the other person??????? Eating enough protein; Assembling a somewhat acceptable adult wardrobe when you have zero dollars; Going on adventures without starting to smell; How sex is supposed to feel, but, like, actually though. By the end of the book—a mash-up of essays, lists, and artwork—you'll have learned not only how to dress yourself, how to travel alone, how to talk to strangers online, and how to date strangers (in PERSON!), but also how to pass as a real, functioning, appropriately socialized adult.

Book Information

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Customer Reviews

Arden Rose is an actress, a producer, a comedian, and the creator of the wildly popular YouTube channel Arden Rose. Her devotion to creating content that is equal parts quirky and sophisticated has helped her build a loyal following of millions of fans. Arden can be seen on Verizon's go90 social entertainment platform, starring in *New Form Digital*, as Mr. Student Body President, produced by Ron Howard and Brian Grazer, and in the second season of the hit show *Guidance*.

Although I am older than Arden, I was looking forward to reading this book as a helpful guide for how to move into my post-college life. What I got instead was a rambling on about her personal life stories in a repetitive way that was not helpful or relatable. Her "advice" is mostly just telling you to do things, without backing up with how exactly you are supposed to do them. "Go out and do that thing!" or "Love yourself and ignore other's opinions", which are nice sentiments but everyone knows these things already and would love to do them, it's just not always possible without help or guidance. I was really disappointed with the content and I think it is being sold in a misleading way. It is written from a very privileged place and anyone looking for real advice about living independently will probably not get it. I would consider this a memoir (even that is a stretch) and not a self-help or educational book in any way.

I recommended this book for people graduating high school and not anybody older than 20. I recently graduated from college at the age of 25 looking for some words of wisdom from people older than me. Since I graduated from college at an older age, I have experienced so many things, and all the information on this book is irrelevant to me now.

After reading this I feel a sense of relief; we're all going to end up okay in the long run :)

Great idea - no photos or images inside though :(

Almost Adulthood, in my opinion is geared towards a wide range of people. Those in their teens, and those who are adults already- but struggle sometimes to actually adult. Fortunately, I'm already an adult and fall into this category. While some of the tips in Arden's book I already knew about, and have done before in my whole 24 years of living, I still found this book entertaining and a good three hour read in my spare time. I've been a fan of Arden's channel since she still went under the username arose186- and love her open, and quirky personality. This book felt very 'Arden' to say the least, so I enjoyed each section and how real she was with certain topics throughout the chapters. I definitely would have enjoyed this book and found it mega helpful when I was a teenager, trying to find my way. Overall, this is perfect for anyone out there who wants a quick read that's guaranteed to make them laugh, and feel like they know the author a bit better after reading, and maybe themselves. This book is definitely it.

I'm in my 20's and found this to be the most "thank you captain obvious"-ish book I've ever read. Maybe a teenager could get something out of it but I found it to be more of an extremely long blog than a short book. She talks too much about small, stupid details. There is no depth to this book. I hate that I wasted money on this vapid book.

Bought it to give to my 16 year old and I read the first few pages at and needed up telling her I'll give it to her after I read it. It's a cute good written guidance book for a teenager in their last years of high school.

I love Arden Rose and fact that the book is in her own narrative is amazing. Her personality is delightful and I can turn a page without smiling as some quirky quote or metaphor.

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